

Learning to Move Video Series

Play ideas to get your baby started with moving

The **Learning to Move** series of videotapes show the importance of informal playtime and daily routines between parents and babies for the development of early movement skills. The videos use clear language and are appropriate for a variety of families of infants. Safety, face-to-face play, variety and freedom are emphasized throughout the videos.

Learning to Move: Heads Up and Ready to Roll

The importance of informal playtime and daily routines between parent and baby on the development of early moving skills is the heart of the video. Ideas for moving skills from early head control to beginning to roll are shown.

Learning to Move : Sitting Pretty and Starting To Crawl

The focus of this video is on the next stage of babies' development, where they are getting stronger, learning to sit independently and beginning to crawl. Babies and parents demonstrate activities that help with balance, sitting and crawling.

For further inquiries contact:

Infant-Parent Program
Phone: 905-521-2100, extension 77406
Fax: 905-521-7926
crockm@hhsc.ca

To order, please complete information below and return with your cheque (*payable to Infant-Parent Program*) to:

Learning to Move Videos
Infant-Parent Program
Bldg. 74 – Chedoke
McMaster Children's Hospital
Box 2000, Hamilton, ON L8N 3Z5

*we are not able to process credit card orders, however purchase orders are accepted.

Purchase Prices: One video is \$21.95, Two or more videos are \$16.95 each.

| | Number | Price |
|--------------------------------------------------------|--------|-------|
| Learning to Move: Heads Up and Ready to Roll | | |
| Learning to Move: Sitting Pretty and Starting to Crawl | | |
| SUB-TOTAL | | |
| Add 6% G.S.T. | | |
| Plus 15% Shipping & Handling | | |
| Total | | |

Please use this space for shipping information

| | |
|------------|--|
| Name: | |
| Address: | |
| | |
| | |
| Telephone: | |
| Fax: | |
| e-mail: | |