

WHAT PARENTS SAY ABOUT RIGHT FROM THE START

"I found the group informative."

"I was pleasantly surprised... (someone) told me that I didn't need the program because I have other children but I persisted and I found the group very helpful."

"I find it helpful to know that what my husband and I are doing really helps our child."

"It was great to meet other parents... I didn't feel so alone."

DIRECTIONS TO TRAVELODGE

Driving Directions:

North

Take QEW Toronto to exit 101 (Brant St), and then go South to the property entrance.

South

Take QEW Toronto to exit 97 (North Shore Blvd), and then turn right to the property entrance.

East

Take QEW Toronto to exit 101 (Brant St), turn left until the road stops at the property entrance.

West

Take QEW Toronto to exit 101 (Brant St), turn right until the road stop at the property entrance.

Airport

Take 427 South to QEW Toronto West toward Hamilton, exit at Brant St and then go South to the property entrance.

REGISTRATION

Right from the Start Facilitator Training

Workshop, March 23 & 24, 2006

9:00 a.m. - 4:30 p.m.

WORKSHOP FEE: \$295.00

This includes: Two-day workshop, Facilitator's Manual and Videotape, and refreshments and lunch both days.

Registration info (please print):

Name: _____

Agency: _____

Address: _____

City/Town _____ Postal Code _____

Business Phone: (____) _____

Home Phone: (____) _____

Fax #: (____) _____

Please make cheque payable to:

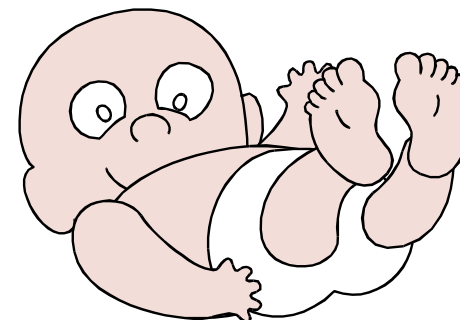
Halton Child & Youth Services

Mail your cheque with this form to: Marilyn Smith, Halton Child & Youth Services, 497 Elizabeth Street, Burlington, Ontario, L7R 2M4

*Please note: Cut off date for registration will be Mar. 1, 2006.

Questions: Contact: Marilyn-905-639-2800 ext. 222 -marilyns@hcys.ca

RIGHT FROM THE START



Facilitator Training Workshop

March. 23 & 24, 2006

Travelodge Burlington Hotel on the Lake

2020 Lakeshore Blvd.

Burlington, Ontario

905-681-0762

WHAT IS

RIGHT FROM THE START?

Right from the Start is an attachment-based 8-session course for parents of infants under 2. The course was designed to enhance parents' skills in reading infant cues and responding sensitively. Right from the Start uses the COPE (Community Parent Education) model of active adult learning for effective large group parenting courses, and has evidence on its effectiveness. Right from the Start is appropriate for parents of infants under 2, especially those at risk for social, emotional, behavioural, and/or developmental difficulties. These parenting courses have been conducted in child care settings, children's treatment centres, family resource centres, churches, schools, recreation centres, prisons, and hospitals. A detailed facilitator manual and videotape have allowed Right from the Start courses to be conducted successfully throughout Canada.

Did you know?

Babies who are responded to quickly produce less harmful stress chemicals in their brains.

WHY SHOULD I ATTEND?

There is need for cost effective, evidence-based services capable of meeting the needs of the large number of parents who could benefit from the development of more effective parenting skills in the important early years.

WHAT WILL I LEARN?

The workshop's discussions, demonstrations, role playing exercises, and manuals will provide professionals with the skills to:

- Set up Right from the Start courses
- Conduct Right from the Start sessions
- Conduct Large Group Problem Solving
- Facilitate Large Group Process
- Solve Common Problems

WHO SHOULD ATTEND?

- Infant Development Consultants
- Infant Mental Health Consultants
- Early Childhood Educators
- Public Health Nurses
- Social Workers, Psychologists
- Other interested professionals with at least a college degree in a relevant field and experience with families of young children

WORKSHOP LEADERS

**Catherine Hutchinson,
M.S.W. Candidate**

Consultant and former Infant-Parent Therapist
Infant-Parent Program
McMaster Children's Hospital

**Joan Urquhart,
E.C.E.**

Infant-Parent Therapist
Infant-Parent Program
McMaster Children's Hospital

Additional reading about Right from the Start:

Niccols, A., & Mohammed, S. (2000) Parent-child interaction skills training in groups: Pilot study with parents of infants with developmental delay. Journal of Early Intervention, 23, 59-69.

Niccols, A. (2000 Fall). *Right from the Start: An Attachment-based course for parents.* IMPrint, Newsletter of the Infant Mental Health Promotion Project, 28, 2-6.