

Living with Disabilities



**McMaster
Children's Hospital**



Background Information

1. **Understanding Disability: A Lifespan Approach**
by Peggy Quinn, Sage Publications (1997) **ISBN: 0761905278**
2. **Young Children With Special Needs**
by Stephen R. Hooper, Prentice Hall (2003) **ISBN: 0131113402**
3. **Special Kids Need Special Parents:**
A Resource for Parents of Children with Special Needs
by Judith Loseff Lavin, Berkley Publishing Group (2001) **ISBN: 0425176622**
4. **Reflections From a Different Journey:**
What Adults With Disabilities Wish All Parents Knew
by Stanley Klein, McGraw-Hill, (2004) **ISBN: 0071422692**
5. **A Special Kind of Love: For Those Who Love Children With Special Needs**
by Susan Titus Osborn and Janet Lynn Mitchell, B&H Publishing Group (2004)
ISBN: 0805427279
6. **When Your Child Has a Disability:**
The Complete Sourcebook of Daily and Medical Care
by Mark L. Batschaw, Brookes Publishing Co. (2000) **ISBN: 1557664722**

Step by Step Guides

7. **Arts Resource Handbook: Activities for Students with Disabilities**
by Paula Chan Bing, Teacher Ideas Press (2003) **ISBN: 1591580269**
8. **The Child With Special Needs: Encouraging Intellectual and Emotional Growth** by
Stanley I. Greenspan, Addison Wesley Publishing Company (1998) **ISBN: 0201407264**
9. **Life Beyond the Classroom:**
Transition Strategies for Young People With Disabilities
by Paul Wehman, Paul H. Brookes Publishing Co. (2001)
ISBN: 1557664765
10. **Breakthrough Parenting for Children with Special Needs:**
Raising the Bar of Expectations
by Judy Winter, Jossey-Bass (2006) **ISBN: 0787980811**

Websites

<http://www.fhs.mcmaster.ca/canchild/>
<http://www.oacrs.com/>

About the suggested resources

The books and resources on this list are selected from the collection at the Family Resource Centres at McMaster Children's Hospital. The selection is based on parent and child feedback, and from on-going reviews at the Family Resource Centre. The inclusion of a particular resource does not imply an endorsement of the information or suggestions in that resource. Many of our resources are general in nature, and may not apply to your situation. Your health care professional is the best source of information about your child's health and concerns.

The Offord Centre for Child Studies

The **Offord Centre for Child Studies** is Canada's only research centre solely dedicated to improving the life quality and life opportunities of children and youth by focusing on the biological factors and life circumstances that influence healthy child development.

The **Centre of Knowledge on Healthy Child Development** gives you access to important and up-to-date information that is based on the best scientific research currently available. It's designed to help you sort through all the conflicting information about what promotes, and what hinders, healthy child development so you can make better choices that will result in better outcomes for children.

We've organized this **Centre of Knowledge on Healthy Child Development** to focus on certain disorders, behaviour problems and life circumstances that can have a significant impact on children's health and wellbeing.

You will find information on anger, aggression and bullying, conduct disorder and oppositional defiant disorder, attention deficit hyperactivity disorder (ADHD), anxiety and depression. We'll talk about how to distinguish mental health problems from normal development. We'll discuss the impact of problems left untreated, such as poor school performance, juvenile delinquency, substance abuse, and poor peer relationships in adolescence.

Visit the **Centre of Knowledge on Healthy Child Development** at:
<http://knowledge.offordcentre.com/>

*"It is our responsibility to ensure bright futures
for today's children so that tomorrow's society will benefit."*

- Dan Offord