

Behaviour Problems



McMaster
Children's Hospital



Books

1. **No More Misbehavin': 38 Difficult Behaviors and How to Stop Them**
by Michele Borba, Jossey-Bass (2003) **ISBN: 0787966177**
2. **Kids are worth it! Revised Edition : Giving Your Child the Gift of Inner Discipline**
by Barbara Coloroso, Harper Resource; Rev. Ed. (2002) **ISBN: 0060014318**
3. **The Difficult Child**
by Stanley Turecki, Bantam; 2nd Rev. Ed. (2000) **ISBN: 0553380362**
4. **How to Behave So Your Children Will, Too!**
by Sal Severe, Penguin USA (2003) **ISBN: 0141001933**
5. **Your Defiant Child: Eight Steps to Better Behavior**
by Russell Barkley, Guilford Press (1998) **ISBN: 1572303212**
6. **Discipline: The Brazelton Way**
by T. Berry Brazelton, Perseus Publishing (2003) **ISBN: 0738207837**
7. **Making Children Mind Without Losing Yours**
by Kevin Leman, Fleming H Revell Co. (2000) **ISBN: 0800757319**
8. **Raising Your Spirited Child: A Guide for Parents Whose Child Is More Intense, Sensitive, Perceptive, Persistent, Energetic**
by Mary Sheedy Kurcinka, Perennial Press (1998) **ISBN: 0060923288**
9. **Rage, Rebellion & Rudeness: Parenting Teenagers in the New Millennium**
by G. Scott Wooding, Fitzhenry & Whiteside Limited (2003)
ISBN: 155041755X
10. **Backtalk: Four Steps to Ending Rude Behavior in Your Kids**
by Carolyn Crowder, Fireside; (Mar. 1998)
ISBN: 068484124X

Websites

<http://www.aacap.org/publications/factsfam/>
<http://www.caringforkids.cps.ca/behaviour/>



About the suggested resources

The books and resources on this list are selected from the collection at the Family Resource Centres at McMaster Children's Hospital. The selection is based on parent and child feedback, and from on-going reviews at the Family Resource Centre. The inclusion of a particular resource does not imply an endorsement of the information or suggestions in that resource. Many of our resources are general in nature, and may not apply to your situation. Your health care professional is the best source of information about your child's health and concerns.

The Offord Centre for Child Studies

The **Offord Centre for Child Studies** is Canada's only research centre solely dedicated to improving the life quality and life opportunities of children and youth by focusing on the biological factors and life circumstances that influence healthy child development.

The **Centre of Knowledge on Healthy Child Development** gives you access to important and up-to-date information that is based on the best scientific research currently available. It's designed to help you sort through all the conflicting information about what promotes, and what hinders, healthy child development so you can make better choices that will result in better outcomes for children.

We've organized this **Centre of Knowledge on Healthy Child Development** to focus on certain disorders, behaviour problems and life circumstances that can have a significant impact on children's health and wellbeing.

You will find information on anger, aggression and bullying, conduct disorder and oppositional defiant disorder, attention deficit hyperactivity disorder (ADHD), anxiety and depression. We'll talk about how to distinguish mental health problems from normal development. We'll discuss the impact of problems left untreated, such as poor school performance, juvenile delinquency, substance abuse, and poor peer relationships in adolescence.

Visit the **Centre of Knowledge on Healthy Child Development** at:
<http://knowledge.offordcentre.com/>

*"It is our responsibility to ensure bright futures
for today's children so that tomorrow's society will benefit."*

- Dan Offord