

Autism/Pervasive Developmental Disorder



**McMaster
Children's Hospital**



Background Information

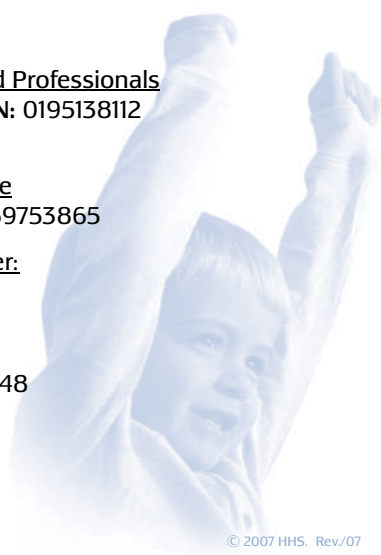
1. **Autistic Spectrum Disorders: Understanding the Diagnosis and Getting Help**
by Mitzi Waltz, Patient-Centered Guides (2002) **ISBN: 0596500130**
2. **Targeting Autism: What We Know, Don't Know, and Can Do to Help Young Children With Autism and Related Disorders**
by Shirley Cohen, University of California Press (2002) **ISBN: 0520234804**
3. **Demystifying the Autistic Experience:
A Humanistic Introduction for Parents, Caregivers, and Educators**
by William Stillman, Jessica Kingsley Publishers (2002) **ISBN: 1843107260**
4. **Understanding the Nature of Autism: A Guide to Autism Spectrum Disorders**
by Janice E. Janzen, Communication Skill Builders (2003) **ISBN: 0761641262**
5. **A Mind Apart: Understanding Children with Autism and Asperger Syndrome**
by Peter Szatmari, Guilford Press (2004) **ISBN: 1572305444**
6. **Autism: Explaining the Enigma**
by Uta Frith, Blackwell Publishers (2003) **ISBN: 0631229019**

Step by Step Guides

5. **Overcoming Autism: Finding the Answers, Strategies, and Hope That Can Transform a Child's Life** by Lynn Kern Koegel and Claire LaZebnik, Penguin (2005) **ISBN: 0143034685**
8. **Helping Children With Autism Learn:
A Guide to Treatment Approaches for Parents and Professionals**
by Bryna Siegel, Oxford University Press (2003) **ISBN: 0195138112**
9. **The Autistic Spectrum Parents' Daily Helper:
45 Ways to Help Your Child Navigate Everyday Life**
by Leslie Henriques, Ulysses Press (2004) **ISBN: 1569753865**
10. **Helping Your Child With Autism Spectrum Disorder:
A Step-by-Step Workbook for Families**
by Stephanie B. Lockshin, Jennifer M. Gillis,
and Raymond G. Romanczyk,
New Harbinger Publications (2005) **ISBN: 1572243848**

Websites

<http://www.autism-society.org/>
<http://www.nimh.nih.gov/publicat/autism.cfm>



About the suggested resources

The books and resources on this list are selected from the collection at the Family Resource Centres at McMaster Children's Hospital. The selection is based on parent and child feedback, and from on-going reviews at the Family Resource Centre. The inclusion of a particular resource does not imply an endorsement of the information or suggestions in that resource. Many of our resources are general in nature, and may not apply to your situation. Your health care professional is the best source of information about your child's health and concerns.

The Offord Centre for Child Studies

The **Offord Centre for Child Studies** is Canada's only research centre solely dedicated to improving the life quality and life opportunities of children and youth by focusing on the biological factors and life circumstances that influence healthy child development.

The **Centre of Knowledge on Healthy Child Development** gives you access to important and up-to-date information that is based on the best scientific research currently available. It's designed to help you sort through all the conflicting information about what promotes, and what hinders, healthy child development so you can make better choices that will result in better outcomes for children.

We've organized this **Centre of Knowledge on Healthy Child Development** to focus on certain disorders, behaviour problems and life circumstances that can have a significant impact on children's health and wellbeing.

You will find information on anger, aggression and bullying, conduct disorder and oppositional defiant disorder, attention deficit hyperactivity disorder (ADHD), anxiety and depression. We'll talk about how to distinguish mental health problems from normal development. We'll discuss the impact of problems left untreated, such as poor school performance, juvenile delinquency, substance abuse, and poor peer relationships in adolescence.

Visit the **Centre of Knowledge on Healthy Child Development** at:
<http://knowledge.offordcentre.com/>

*"It is our responsibility to ensure bright futures
for today's children so that tomorrow's society will benefit."*

- Dan Offord



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Offord CENTRE
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STUDIES