

Asperger Syndrome



**McMaster
Children's Hospital**



For Younger People

1. **Can I Tell You About Asperger Syndrome?: A Guide for Friends and Family**
by Jude Welton, Jessica Kingsley Publishers; (2003) **ISBN: 1843102064**
2. **Freaks, Geeks and Asperger Syndrome: A User Guide to Adolescence**
by Luke Jackson, Jessica Kingsley Publishers (2002) **ISBN: 1843100983**

Background Information

3. **Learning and Behavior Problems in Asperger Syndrome**
by Margot Prior, Guilford Press (2005) **ISBN: 1593850778**
4. **The Asperger Parent: How to Raise a Child with Asperger Syndrome and Maintain Your Sense of Humor**
by Jeffrey Cohen Autism Asperger Publishing Company (2002) **ISBN: 1931282145**
5. **A Guide to Asperger Syndrome by Christopher Gillberg.**
Cambridge University Press (2002) **ISBN: 0521001838**

Step by Step Guides

6. **The OASIS Guide to Asperger Syndrome: Completely Revised and Updated: Advice, Support, Insight, and Inspiration** by Patricia Romanowski Bashe, Crown; Revised & Updated edition (2005) **ISBN: 1400081521**
7. **Asperger Syndrome and Your Child: A Parent's Guide**
by Michael D. Powers, Collins; Reprint edition (2003) **ISBN: 0060934883**
8. **Asperger Syndrome and Adolescence: Helping Preteens and Teens Get Ready for the Real World**
by Teresa Bolick, Fair Winds Press (2001) **ISBN: 1931412693**
9. **Asperger Syndrome and Adolescence: Practical Solutions for School Success**
by Brenda Smith Myles, Autism Asperger Publishing Company (2001) **ISBN: 0967251494**
10. **Asperger Syndrome in Adolescence: Living with the Ups, the Downs and Things in Between**
by Liane Holliday Willey, Jessica Kingsley Publishers (2003) **ISBN: 1843107422**

Websites

<http://www.udel.edu/bkirby/asperger/>
<http://www.aspergers.ca/>

About the suggested resources

The books and resources on this list are selected from the collection at the Family Resource Centres at McMaster Children's Hospital. The selection is based on parent and child feedback, and from on-going reviews at the Family Resource Centre. The inclusion of a particular resource does not imply an endorsement of the information or suggestions in that resource. Many of our resources are general in nature, and may not apply to your situation. Your health care professional is the best source of information about your child's health and concerns.

The Offord Centre for Child Studies

The **Offord Centre for Child Studies** is Canada's only research centre solely dedicated to improving the life quality and life opportunities of children and youth by focusing on the biological factors and life circumstances that influence healthy child development.

The **Centre of Knowledge on Healthy Child Development** gives you access to important and up-to-date information that is based on the best scientific research currently available. It's designed to help you sort through all the conflicting information about what promotes, and what hinders, healthy child development so you can make better choices that will result in better outcomes for children.

We've organized this **Centre of Knowledge on Healthy Child Development** to focus on certain disorders, behaviour problems and life circumstances that can have a significant impact on children's health and wellbeing.

You will find information on anger, aggression and bullying, conduct disorder and oppositional defiant disorder, attention deficit hyperactivity disorder (ADHD), anxiety and depression. We'll talk about how to distinguish mental health problems from normal development. We'll discuss the impact of problems left untreated, such as poor school performance, juvenile delinquency, substance abuse, and poor peer relationships in adolescence.

Visit the **Centre of Knowledge on Healthy Child Development** at:
<http://knowledge.offordcentre.com/>

*"It is our responsibility to ensure bright futures
for today's children so that tomorrow's society will benefit."*

- Dan Offord