

Attention Problems (ADD and ADHD)



**McMaster
Children's Hospital**



Background Information

1. **The Everything Parent's Guide to Children with ADD/ADHD: A Reassuring Guide To Getting The Right Diagnosis, Understanding Treatments, And Helping Your Child Focus** by Linda Sonna, Adams Media Corporation; (2005) **ISBN: 1593373082**
2. **The ADHD Book of Lists**
by Sandra F. Rief, Jossey-Bass (2003) **ISBN: 078796591X**
3. **A Kid Just Like Me: A Father and Son Overcome the Challenges of ADD and Learning Disabilities**
by Bruce Roseman, Perigee (2001) **ISBN: 0878338993**
4. **Understanding Girls with AD/HD**
by Kathleen G. Nadeau, Advantage Books (2000) **ISBN: 0966036654**

Step by Step Guides

5. **ADD/ADHD Behaviour Change Resource Kit: Ready-to-Use Strategies & Activities for Helping Children with Attention Deficit Disorder**
by Grad L. Flick, Jossey-Bass (2002) **ISBN: 0876281447**
6. **Taking Charge of ADHD: The Complete, Authoritative Guide for Parents**
by Russell A. Barkley, Guilford Press (2000) **ISBN: 1572305606**
7. **AD/HD: Helping Your Child: A Comprehensive Program to Treat Attention Deficit/Hyperactivity Disorders at Home and in School**
by Warren Umansky, Warner Books (2003) **ISBN: 0446679739**
8. **ADHD and Teens: A Parent's Guide to Making It Through the Tough Years**
by Colleen Alexander-Roberts, Taylor Pub (2001) **ISBN: 0878338993**
9. **The ADHD Workbook for Parents**
by Harvey C. Parker, Specialty Press Inc. (2005) **ISBN: 1886941629**
10. **How to Reach and Teach Children With ADD/ADHD**
by Sandra F. Rief, Jossey-Bass (2005) **ISBN: 0787972959**

Videos

11. **ADHD: What Do We Know? and ADHD: What Can We Do?**
by Russell Barkley, Guilford Press (1993) **ISBN: 0898629713**

Websites

<http://www.chadd.org/>

<http://www.nimh.nih.gov/publicat/adhd.cfm>