

# ■ Your Guide Brant

■ Workshops ■ Courses ■ Groups



## Fall 2007

Welcome to the Workshops, Courses and Groups flyer for Fall 2007. This flyer is a quick, up-to-date listing of workshops, courses and groups for families, children and teens that are happening in Brant between September 1, 2007 and December 31, 2007. Thanks to the help of both the Grand Erie District School Board and the Brant Haldimand Norfolk Catholic District School Board, we are sending home a copy of this flyer to every household in our community that has a school-age child.

Financial support for this flyer has been provided by:



Return all undeliverable mail to 1-164 Colborne St. West, Brantford, ON N3T 1L2

PM #41437012

This flyer will help you learn new skills to meet the every-day challenges that face families today. These courses are offered by many services and agencies in our community and all are free of charge unless there is a fee mentioned. The flyer is organized by the age of your child. Each listing has information about times and locations, and most have a telephone number for further information. If you have questions about a particular listing, please call that contact number first.

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10  
YEARS  
and  
GROWING

**Don't wonder if your child is ready for school.  
Is your school ready for your child?**

Making the right choice means giving your child the opportunity to thrive and grow in an environment that is ready for each of them on a personalized level.

Braemar House School's innovative "Prep One" Program starts our students off right. They will be introduced to the hands-on learning that comes with our Montessori programming, enriching their experience in their Senior Kindergarten year with focused preparation for our challenging and engaging traditional Grade 1 program.

Limited class sizes and caring, qualified teachers ensure your child will get it right... from the start.



Right...from the start.

**Braemar House School**

36 Baxter Street, Brantford Ontario N3R 2V8

**519 753-2929**

Call today for an open house tour or visit us online at:  
[www.braemarhouseschool.ca](http://www.braemarhouseschool.ca)

## Welcome to the Ontario Early Years Centre: Brant September to December 2007 Services

The Ontario Early Years Centre: Brant is a place where parents and caregivers can get answers to questions, information about programs and services that are available for young children, and an opportunity to talk to early years professionals, as well as other parents and caregivers in the community. You and your child birth to 6 years, can visit the Ontario Early Year Centre: Brant for a full range of free services including: Parenting programs that support parents and caregivers of young children in all aspects of early child development; Drop-in parent and child interactive programs (Together Time and Just Baby and Me); Early learning and literacy programs for parents and their children; Information and training for parent/caregivers about parenting; Information on quality child care and directories for centre based and home child care providers; Program support membership available to parents/caregivers for the resource library (literacy kits and adult resources). Please call for other supports and services and request a copy of our Information and Services Booklet

The OEYC: Brant has a main site at 330 West Street and Satellite programs for our Together Time and Just Baby and Me drop-in programs throughout Brant. Please drop in and visit us. Our services are FREE!

<b>Office Hours of Operation</b>	
Sunday	Closed
Monday	9:00 a.m. – 5:00 p.m.
Tuesday	9:00 a.m. – 8:00 p.m.
Wednesday	9:00 a.m. – 8:00 p.m.
Thursday	9:00 a.m. – 5:00 p.m.
Friday	9:00 a.m. – 5:00 p.m.  <b>Resource Library is closed on Fridays</b>
Saturday	9:00 a.m. – 2:00 p.m.

### Centre/Satellite Closures

- ✧ September 1 to 3 – Labour Day Weekend
- ✧ October 6 to 8 – Thanksgiving Weekend
- ✧ December 22, 2007 to January 1, 2008 - The centre will be closed for Christmas and New Years Holidays and reopen on Wednesday, January 2, 2008.
- ✧ **NOTE:** All Satellite locations will be closed December 24, 2007 to January 6, 2008.
- ✧ Together Time evening (5:00 to 8:00 p.m.) at the main site will be closed on Wednesday, January 2
- ✧ The Resource Library will be closed from December 22 to January 4. Reopen on Saturday, January 5, 2008

**Ontario Early Years Centre: Brant**  
330 West Street, Brantford, ON N3R 7V5  
Phone: 519-759-3833  
Fax: 519-759-0173  
Email: [oeycbrant@execulink.com](mailto:oeycbrant@execulink.com)  
Web: [www.ontarioearlyyears.ca](http://www.ontarioearlyyears.ca)  
[www.eycbrant.ca/oeyc.htm](http://www.eycbrant.ca/oeyc.htm)

**Administered by Community Living Brant**



**Funded by the Ministry of Children and Youth Services**

### **New Registration Start Dates**

**August 10**, 9:00 a.m. to 5:00 p.m. for September & October workshops  
**October 12**, 9:00 a.m. to 5:00 p.m. for November & December workshops

All parenting/parent and child workshops are free. Dates and time for workshops currently being offered can be found in this guide. You can also get a copy of the newsletter by going to [www.eycbrant.ca/oeyc.htm](http://www.eycbrant.ca/oeyc.htm) or by picking up a copy the next time you visit the centre. Registration for workshops is required. Register early to avoid disappointment.

**How do you register for the OEYC: Brant workshops?** Because all parenting/parent and child workshops are free, you can register by calling 519-759-3833 or drop by the centre. (We cannot accept email registrations). If the workshop is full we will put your name on a cancellation list and refer to the list if space becomes available.

**When you are registering** please make the commitment to attend or call us with your cancellation so that someone else can benefit from the experience. If you do not attend the first session in a series without making previous arrangements, your space will be given to the next person on the cancellation list. Please call as early as possible and preferably at least 24 hours before the session.

### Ontario Early Years Centre: Brant Drop-in Hours

Location	Program	Day	Time
<b>OEYC: Brant</b> 330 West Street Brantford, ON	Together Time	Mon, Wed, Thurs, Sat	9:00 a.m. - noon
	Together Time	Mon, Tues, Wed	1:00 - 4:00 p.m.
	Together Time	Tues, Wed	5:00 - 8:00 p.m.
	Just Baby and Me	Mon, Thurs	2:00 - 4:00 p.m.
<b>Brant County Health Unit Program</b>	Room To Grow	Tues	9:00 – 11:30 a.m.
<b>Onondaga Satellite</b> Onondaga-Brant School 21 Brant School Rd	Together Time	Tues	8:30 - 11:30 a.m.
<b>Paris Satellite</b> North Ward School 107 Silver Street	Together Time	Mon, Wed	8:30 - 11:30 a.m.
	Together Time	Mon	12:30 - 3:30 p.m.
	Just Baby and Me	Wed	1:00 - 3:00 p.m.
<b>Burford Satellite</b> Burford District Elementary School 35 Alexander Street	Together Time	Mon, Tues, Wed <b>Closed for summer in July and August</b>	8:30 - 11:30 a.m.
<b>St. George Satellite</b> Lawn Bowling Club Thompson Street	Together Time	Thurs <b>See satellite for summer closure hours</b>	9:00 a.m. - noon
<b>Scotland Satellite</b> St. Anthony Daniel School Bishopsgate Road	Together Time	Tues, Thurs Thurs	8:30 - 11:30 a.m. 12:30 - 3:30 p.m.
	<b>Thursday afternoon will not operate in July &amp; August</b> <b>See satellite for summer closure hours</b>		
<b>Ryerson Heights Best Start Centre - Brantford</b> Ryerson Heights Elementary School 33 Dowden Ave	Together Time	Tues, Thurs	8:30 - 11:30 a.m.
	Just Baby and Me	Tues	1:00 – 3:00 p.m.

**For Current Updates of Your Guide Brant visit our website at [www.communityed.ca](http://www.communityed.ca)**

## **Parent & Child Drop-In Programs**

### **Together in the Magic of Play (Parent & Child Drop-in)**

“**Together Time**” drop-in programs provide interactive age-appropriate learning experiences for children from the ages of 0 to 6 years. Since parents are the first and most important teacher of their young children, our goal is to promote children’s development and readiness to learn in a safe, healthy and helpful environment. When parents and caregivers take an active role in their child’s learning, everyone benefits from the experience. To support this belief, “**Together Time**” programs provide shared learning opportunities where parents and children can take part in the routine, enjoy a nutritious snack and build healthy relationships. By being interested and involved in your child(ren)’s activities you show them that learning is important. Come and spend time “**Together in the Magic of Play.**”

*For drop-in hours and locations go to Page 4.*

### **Just Baby and Me (Parent & Child Drop-in)**

Just Baby and Me” is a safe, stimulating, fun environment where adults can interact happily with their babies under 12 months of age. This is a drop-in program where parents / caregivers and the babies in their care can stay and play. Join us for discussion, activities and information sharing. Weekly topics may include; making memory boxes, car seat safety, making baby food, developmental milestones, safety around the house, home-made toys, or interests of the participants. Planned activities are posted at locations.

*For drop-in hours and locations go to Page 4.*

### **Talking Tots, the Brant County Preschool Speech and Language System (Parent & Child Drop In)**

A Speech Language Pathologist from Talking Tots, the Brant County Preschool Speech and Language System, is available by appointment at the Ontario Early Years Centre: Brant to complete an individual speech and language screening with your child. Screening can be completed with children between the ages of 6 months to eligibility for Senior Kindergarten entry.

***Please call 519-753-7453 if you would like to schedule a screening for your child.***

**Drop In and Chat** (during the OEYC: Brant Together Time Program) with Sarah Matson, an Occupational Therapist from Lansdowne Children's Centre. She will be available to answer any questions you have about your child's fine motor skill development. (i.e. pencil grasp, eye hand coordination, manual dexterity, and pre-printing skills). Sarah will be able to complete a quick screening and give suggestions or strategies to help promote your child's fine motor development. Sarah will be visiting on the following dates: **September 26, October 31 and November 28 from 9:00 to 10:30 a.m.**

### **Child Development Outreach (Parent & Child Drop-In)**

The Child Development Program of Lansdowne Children's Centre provides an outreach program to the Ontario Early Years Centres. Services include consultation on child development and parenting issues, developmental screens to provide information on your child’s individual strengths and needs, and assistance with referrals to other community services. We look forward to meeting you!

*For information on outreach dates you can inquire at the drop-in location that you plan to attend or call Donna at 519-753-3154 ext. 200 to request an outreach schedule.*



Call Contact Brant if you would like services in Brant for: children and youth under the age of 18 or individuals with a developmental disability of any age. Individuals will be linked with the most appropriate services. Contact Brant provides information about services available in the Brant community – if you don't know who to call, call Contact Brant.

Telephone: (519) 758-8228 or visit [www.contactbrant.net](http://www.contactbrant.net)

# WORKSHOPS AND COURSES offered at the OEYC – BRANT

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## **Bonding With Baby and More**

(Parent & Child Workshop)

**0-6 months**

**OEYC: Brant**

October 11, 2007.  
10:00 am to 11:30 am

*Registration starts August 10*

*(4 sessions) Thursdays, October 11 to November 1 from 10:00 to 11:30 a.m.*

Join us for this hands-on program for parents/caregivers and their infants. Parents will have the opportunity to learn activities to enhance their baby's development in the areas of; attachment, communication, stimulation, and large motor skills. Each week will include time for discussion as well as a time for playing with your baby.

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## **Infant Massage**

(Parent & Child Workshop)

**Under 8 months**

Presented by an OEYC: Brant Certified Infant Massage Instructor

**OEYC: Brant**

September 4, 2007.  
1:00 pm to 2:00 pm **or**

2:30 pm to 3:30 pm  
*Registration starts August 10.*

November 07, 2007.  
9:30 am to 10:30 am **or**

11:00 am to 12:00 pm  
*Registration starts October 12.*

November 13, 2007.  
7:00 pm to 8:00 pm  
*Registration starts October 12.*

Learn how to massage your baby to help improve sleep, bonding, development and more. You will learn basic strokes, baby's cues and benefits of a nurturing touch. Each infant should bring a blanket to lie on.

*Infant Massage is being offered 5 times (4 sessions per workshop).*

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## **Baby Yoga**

(Parent & Child Workshop)

**6 weeks - crawling**

**OEYC: Brant**

October 2, 2007.  
9:30 am to 10:15 am  
*Registration starts August 10 **or***

November 08, 2007.  
9:30 am to 10:15 am  
*Registration starts October 12.*

**OEYC: Paris Satellite - North Ward School**

November 28, 2007.  
1:00 pm to 1:45 pm  
*Registration starts October 12.*

Join us for a fun Yoga experience for you and your baby. You will enjoy the benefits of stretching, strengthening and breathing Yoga poses. Your baby will be involved and a part of all movements. Together you and your baby will enjoy a wonderful bonding time.

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## **Infant Sign**

(Parent & Child Workshop)

**6-18 months**

Presented by an OEYC: Brant Trained Sign Language Facilitator

**OEYC: Brant**

**September 5, 2007.**  
11:00 am to 12:00 pm  
*Registration starts August 10.*

**October 10, 2007.**  
9:30 am to 10:30 am **or**  
11:00 am to 12:00 pm  
*Registration starts August 10.*

**November 27, 2007.**  
1:00 pm to 2:00 pm **or**  
2:30 pm to 3:30 pm  
*Registration starts October 12.*

Come join us in this practical, hands-on workshop where you will learn some basic signs to introduce to your infant.

*Infant Sign is being offered 5 times (4 sessions per workshop).*

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# WORKSHOPS AND COURSES offered at the OEYC – BRANT

## Toddler Sign Language (Parent & Child Workshop)

6-18 months

Presented by an OEYC: Brant  
Trained Sign Language Facilitator

Workshop is being offered 4 times  
(4 sessions/workshop)

OEYC: Brant

September 5, 2007.  
9:30 am to 10:30 am  
Registration starts August 10.

September 13, 2007.  
6:15 pm to 7:15 pm  
Registration starts August 10.

November 26, 2007.  
9:30 am to 10:30 am or  
11:00 am to 12:00 pm  
Registration starts October 12.

Research has shown us that when toddlers are not able to "talk" yet, being able to communicate through sign language may help to ease their frustration levels. We also know that modeling spoken words with matching signed words will help foster a better understanding of whole language. This program teaches strategies and appropriate signing vocabulary through weekly instruction and music which we know will be great fun for you and your toddler. Happy Signing!

## Tumbling Tots (Parent and Child Workshop)

crawling-2 years

Workshop is being offered twice (4  
sessions per workshop).

OEYC: Brant

October 2, 2007.  
11:00 am to 11:30 am  
Registration starts August 10

November 08, 2007.  
11:00 am to 11:30 am  
Registration starts October 12.

Crawl, hop, skip or jump your way to fun in this action packed interactive gross motor program for parent and tots. Expect to get movin' & groovin' with balls, blocks, games, songs, creative movement and more. Learn some easy, inexpensive ways to teach skills while having balls of fun.

## So This Is Your Toddler (Parenting Workshop)

16-30 months

OEYC: Brant

November 29, 2007.  
6:30 pm to 8:00 pm

December 06, 2007.  
6:30 pm to 8:00 pm

Limited child care for the first session is available. Please indicate your need for child care when you register. Registration starts October 12.

Have you ever wondered why toddlers do the things they do? You're not alone! Come and join other parents for two sessions to look at typical stages of toddler development. Each session will include discussion, information, sharing and activities.

2 sessions. The first session is for parents and the second session parents will bring their toddler and participate in activities together.

## Early Talkers - Every Child Ready to Read

(Parenting Workshop)

2 – 3 years

Presented by: Zeta Phillip-  
Children's Services Librarian, Brant  
County Library and OEYC: Brant,  
Early Literacy Specialist

OEYC: Brant

November 1, 2007.  
6:30 pm to 8:00 pm  
Registration starts October 12.

1 session. Limited child care is available. Please indicate your need for child care when you register.

Come out and learn how you can enhance your child's literacy skills right from birth! Current research on early literacy and brain development indicates that it is never too early to prepare children for success as readers. Parents will learn about the critical role they play as their child's first teacher. At the end of the session, participants will make and take an activity home to use with their child.



Many thanks to our School Boards for helping with distribution of this flyer.

# WORKSHOPS AND COURSES offered at the OEYC – BRANT

## Handwriting Without Tears Pre-K

(Parenting & Professional  
Development)

2 – 3 years

Presented by: Sarah Matson,  
Occupational Therapist,  
Lansdowne Children's Centre, 7  
years experience with this program

OEYC: Brant

*Registration starts August 10.*

September 18, 2007.  
6:00 pm to 8:00 pm or

November 20, 2007.  
6:00 pm to 8:00 pm

Handwriting Without Tears is a fun, multi-sensory printing program that can be used by parents and caregivers as early as 2 years of age. The Pre-K program introduces school readiness activities for children of all ability levels. Body awareness, good habits, pencil grip, colouring, drawing, and beginning handwriting skills are all taught using music and movement.

## Child Development Outreach

(Parent Child Drop-In Service)

0 - 6 years

**Various Locations in Brantford  
and Brant County**

*For information on outreach dates  
you can inquire at the drop-in  
location that you plan to attend or  
call Donna at 519-753-3154 ext.  
200 to request an outreach  
schedule.*

The Child Development Program of Lansdowne Children's Centre provides an outreach program to the Ontario Early Years Centres. Services include consultation on child development and parenting issues, developmental screens to provide information on your child's individual strengths and needs, and assistance with referrals. We look forward to meeting you!

## CHOICES

(Parenting Workshop)

0 - 6 years

OEYC: Brant

September 5, 2007.  
6:15 pm to 8:15 pm  
*Registration starts August 10 or*

**Aboriginal Services Unit – CAS**  
November 08, 2007.  
6:30 pm to 8:30 pm  
20 Darling Street, Unit 20.  
*Registration starts October 12.*

Don't let those little "trials" with children get you down! Make them an opportunity to guide, teach, empower and yes, even put a smile on everyone's face. This discussion based workshop uses participant's issues to look at behaviour and discipline strategies. *Offered twice (5 sessions per workshop).*

## A Musical Morning on International Literacy Day (Parent and Child Workshop)

0 - 6 years

Presented by: Brantford Symphony  
Orchestra and the OEYC: Brant,  
Early Literacy Specialist

OEYC: Brant

September 8, 2007.  
10:00 am to 11:00 am  
*Registration starts August 10.*

Celebrate International Literacy  
Day today by visiting us and  
enjoying music and books!

Join the Brantford Symphony Orchestra for a new program inspired by the benefits of music. Families with young children will enjoy our interactive musical education program featuring performances and talks by the musicians. Along with enjoying the music, participants will learn about the importance of music in the early years. Each child will also make a book and musical instrument.

## Street Proofing Your Children

(Parenting Workshop)

0 - 6 years

Presented by: Diana Kestle -  
School Safety Officer Brantford  
Police Service

OEYC: Brant

September 11, 2007.  
6:30 pm to 8:00 pm  
*Registration starts August 10.*

This presentation for parents will cover topics such as strangers and street proofing. You will receive safety tips for children and answers to those questions from your children such as: What is a stranger? Who can you go to for help? What are block parents? What to do if a stranger grabs you? And the NO-GO-TELL Safety Rules.

# WORKSHOPS AND COURSES offered at the OEYC – BRANT

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## Healthy Meal Planning for Families

(Parenting Workshop)

0 - 6 years

Presented by a Public Health Dietitian from the Brant County Health Unit.

OEYC: Brant

September 25, 2007.  
6:30 pm to 8:00 pm  
*Registration starts August 10*

Do you have questions about nutrition and feeding your family? Do you have troubles thinking of new and nutritious meals to prepare? At "Healthy Meal Planning for Families", you'll learn about supporting a healthy feeding relationship, the new Canada's Food Guide, healthy snacks, label reading, meal planning and much more.

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## Co-parenting

(Parenting Workshop)

0 - 6 years

Presented by: Woodview Children's Centre

OEYC: Brant

October 9, 2007.  
6:30 pm to 8:00 pm  
*Registration starts August 10. Limited childcare is available. Please indicate your need for childcare when you register.*

Parenting is such a tough job. Add separation and divorce to the mix and the job gets tougher. Join us for an evening of information sharing stressing the importance of "working together" for the benefit of your child(ren).

*Register before Thursday, September 27.*

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## Introduction to Signed English - Sign Language 1

(Professional Development - Parents Welcome)

0 - 6 years

Presented by: OEYC: Brant Trained Sign Language Facilitator

OEYC: Brant

October 10, 2007.  
6:30 pm to 8:00 pm  
*Registration starts August 10. Register before Thursday, September 27.*

There is a 50 fee (\$40 for full membership holders) associated with this professional development workshop. Cost includes a copy of "Signed English Text" and manual.

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This five week course is designed to provide a brief overview of communication terms and a practical knowledge of "Signed English". Emphasis will be placed on the role of Signed English and its natural integration into home and school environments during the preschool years.

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## Rhyme Time

(Parent and Child Workshop)

0-6 years

OEYC: Burford Satellite

October 10, 2007.  
1:30 pm to 2:30 pm  
*Registration starts August 10*  
  
*6 sessions. Wednesdays, October 10 to November 14 from 1:30 to 2:30 p.m.*

Come out and learn interactive songs and rhymes to engage your child throughout the day! This six-week series teaches you rhymes and fingerplays with actions and movements while using a few key props. After 30 minutes of circle time, enjoy a healthy snack, play time, and a chance to visit with other parents/caregivers. Enhance your child's literacy development while having fun with the giggles and tickles. Come join us and equip your child with a love of language.

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## Dad's Night - Fall Friends

(Parent and Child Workshop)

0 - 6 years

OEYC: Brant

October 11, 2007.  
6:00 pm to 7:30 pm  
*Registration starts August 10.*

Hey Dad's...Hop on the hay wagon for an evening of fall fun. You and your child will enjoy crafts, games, songs and pumpkin fun. Snack will be provided.

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# WORKSHOPS AND COURSES offered at the OEYC – BRANT

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## Calling All Fall Friends (Parent and Child Workshop)

1-6 years

OEYC: Brant  
October 13, 2007.  
9:30 am to 10:30 am

October 13, 2007.  
11:00 am to 12:00 pm  
*Registration starts August 10.*

Join us for a wagon load of activities. Parents and children can enjoy a fun filled morning creating, playing and experiencing all the wonders of fall.

## First Aid (Professional Development - Parents welcome)

0 - 6 years

OEYC: Brant  
October 27, 2007.  
8:00 am to 4:00 pm  
*Registration starts August 10.*  
*Register by Thursday, October 11.*

This certificate course provides adults with Emergency First Aid and CPR Level C training. (Level C—CPR includes infant/child and adult AR and CPR as well as one and two rescuer CPR.) Practical applications are stressed throughout the day.

*There is an \$85 fee (\$75 for full membership holders) for this Workshop. Fee includes morning snack, light lunch & manual*

## Bullying Workshop (Parenting Workshop)

0 - 6 years

Presented by: Woodview Children's Centre

OEYC: Brant  
November 6, 2007.  
6:30 pm to 8:00 pm  
*Registration starts August 10.*

Participants will learn about bullying tactics, effects and motivations as well as strategies to effectively manage bullying situations.

## A Look At Home Child Care - Let's Get Started (Professional Development & Parenting)

0 - 6 years

OEYC: Brant  
November 14, 2007.  
6:30 pm to 8:00 pm  
*Register before Thursday,  
November 1. Registration starts  
August 10.*

Have you ever thought about starting your own Home Child Care business? Do you want to stay home with your children? There is a lot involved in providing a quality Home Child Care. This interactive session will provide you with all the information you need to help you decide if a career in Home Child Care is right for you.

## ADD/ADHD Movie and Popcorn Session (Parenting Workshop and Professional Development)

0 - 6 years

Presented by: Lansdowne Children's Centre and OEYC: Brant.

OEYC: Brant  
November 22, 2007.  
6:30 pm to 8:00 pm  
*Register before Thursday,  
November 8. Registration starts  
August 10.*

This workshop features a short movie and looks at issues facing families of children who have an identified Attention Deficit (Hyperactivity) Disorder. Strategies to assist with behavioural concerns in home and at school will be discussed as well as a variety of supports to assist families and educators in their respective roles.

## Dad's Night - Holiday Helpers (Parent and Child Workshop)

0 - 6 years

OEYC: Brant  
December 10, 2007.  
6:00 pm to 7:30 pm  
*Registration starts October 12*

Hooray, it's holiday time! Join us for some holiday fun where dad's and their children become busy little helpers, doing tasks. Join the literacy specialist in a sing-song and create a holiday book to take home with you!

# WORKSHOPS AND COURSES offered at the OEYC – BRANT

<p><b>How High Is Your Pedestal</b> (Parenting Workshop)</p> <p style="border: 1px solid black; padding: 2px;">0 - 6 years</p>	<p><b>OEYC: Brant</b></p> <p>November 28, 2007. 6:30 pm to 8:00 pm <i>Registration starts October 12.</i></p>	<p>Perfect Parent.....What is that??? Are you constantly setting yourself up to be the perfect parent and then disappointed in yourself when you can't live up to it. Our own expectations are often the hardest to live up to. This interactive workshop will help you discover "you are not alone." The higher your pedestal....the harder you fall.</p>
<p><b>Looking Outside the Box</b> (Parenting Workshop)</p> <p style="border: 1px solid black; padding: 2px;">0 - 6 years</p>	<p><b>OEYC: Brant</b></p> <p>December 12, 2007. 6:30 pm to 8:00 pm <i>Registration starts October 12.</i></p>	<p>Explore children's unique learning styles to support their individual interests and "gifts". Parents are their children's first and most important teachers. What we do in our everyday lives with our children helps to set the stage for their lifelong learning. We will explore a variety of play activities that we can do with our children, which can foster "out-of-the-box" thinking. Participants will receive a copy of the Kitchen Cupboard Science booklet.</p>
<p><b>Grandparents Day</b> (Special Event)</p> <p style="border: 1px solid black; padding: 2px;">0 - 6 years</p>	<p><b>.All OEYC: Brant Locations</b></p> <p>September 4, 2007</p> <p><i>Registration not required. Join us in Together Time September 4 - 8.</i></p>	<p>Grandparents are important members of our families and community. To help you in your celebration, join us in one of our many Together Time programs the week of September 4 to 8 and "make a little something special" for that special Grandparent.</p>
<p><b>Week of the Family</b> (Special Event)</p> <p style="border: 1px solid black; padding: 2px;">0 - 6 years</p>	<p><b>All OEYC: Brant locations</b></p> <p>Week of October 1 – 6</p> <p><i>Registration is not required. Drop-in during any of our scheduled Together Times at all locations</i></p>	<p>We are celebrating the week of the family during October 1 to 6 in our Together Time programs. We are creating an OEYC family tree. When you are visiting at our Together Time locations decorate your leaf to add to our family tree.</p>
<p><b>Week of the Child and Youth Celebration</b> (Special Event)</p> <p style="border: 1px solid black; padding: 2px;">0 - 6 years</p> <p>Hosted by Woodview Children's Centre, City of Brantford Child Care Services and OEYC: Brant</p>	<p><b>Yeschurch Conference Centre</b></p> <p>October 20, 2007. 9:00 am to 12:00 pm</p> <p><i>Drop-in</i></p>	<p>Please join us for this FREE event that will celebrate our children and youth! There will be entertainment and demonstrations, activities, community information, face painting and many more surprises. Watch for more information coming on this event.</p>
<p><b>Pumpkins, Costumes and Fun...What a treat!</b> (Special Day)</p> <p style="border: 1px solid black; padding: 2px;">0 - 6 years</p>	<p><b>OEYC: Brant</b></p> <p>October 31, 2007. 6:00 pm to 7:30 pm</p> <p><i>Register before Thursday, October 25. Registration starts August 10.</i></p>	<p>Dress up in your favourite costume and join us for a special drop in program with indoor Halloween fun and festive games.</p>

# WORKSHOPS AND COURSES offered at the OEYC – BRANT

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## National Child Day

(Special Day)

0 - 6 years

All OEYC: Brant locations

November 20, 2007.

*Registration is not required. Drop-in during any of our scheduled Together Times at all locations.*

Come celebrate National Child Day during one of our Together Time locations and join your child in the Magic of Play!

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## Holiday Helpers

(Parent & Child Workshop)

1 - 6 years

OEYC: Brant

December 8, 2007.

9:30 am to 10:30 am or

11:00 am to 12:00 pm

*Registration starts October 12*

Tis the season to be jolly.....

Parents, caregivers and children are invited to join us for a special morning where the children become busy little helpers. There are tasks to be done, songs to sing, and fun to be had by all.

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## Family Math

(Parent and Child Workshop)

3-6 years

Presented by OEYC: Brant.

**Best Start Centre - Ryerson Heights Elementary School**

October 15, 2007.

1:00 pm to 3:00 pm

*Mondays, October 15 to November 19 from 1:00 to 3:00 p.m.*

*Registration starts August 10.*

This is a free, fun and hands-on program. We use games, books and activities with your child to learn the basic math concepts and explore math everywhere.

6 sessions.

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## Holiday Book Nook

(Parent and Child workshop)

3-6 years

OEYC: Brant

November 21, 2007.

6:30 pm to 7:30 pm or

November 22, 2007.

10:00 am to 11:00 am

*Registration start October 12.*

Hooray, it's holiday time! Join us and have fun learning some seasonal songs and finger plays. Then, snuggle up in the book nook and enjoy books about various holidays from around the world. You will end the workshop by making your own lift- the-flap book to take home and re-read over and over again. Come out and celebrate Children's Book Week 2007 with us!

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## Kids Have Stress Too

(Parenting Workshop)

3-6 years

OEYC: Brant

October 18, 2007.

6:30 pm to 7:30 pm

*Registration starts August 10.*

*Limited child care is available.*

*Please indicate your need for child care when you register.*

Kids Have Stress Too! is a program designed to help parents understand stress and to help them teach their children ways of managing stress in their lives. Stress is a normal part of life and it occurs daily! Children do not yet have the life experiences of adults to help them cope with stress. We will look at the seven key concepts of "Kids Have Stress Too!" and offer strategies to help reduce a child's reaction to stress.

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## Sr. Yoga

(Parent and Child Workshop)

3 ½ - 6 years

OEYC: Brant

September 6, 2007.

7:00 pm to 7:45 pm

*4 sessions. Thursdays, September 6 to 27 from 7:00 to 7:45 p.m.*

*Registration starts August 10*

Want to share a meaningful and fun fitness experience with your child? Come laugh, sing, play, stretch and relax. Join us and Yoga-cise your mind, body and spirit and begin a healthy lifestyle for you and your family. For all age groups there is a 1:1 ratio, 1 parent/caregiver to 1 child.

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**Handwriting Without Tears  
K-Grade 1****(Parenting & Professional  
Development)****4-6 years**

Presented by: Sarah Matson,  
Occupational Therapist,  
Lansdowne Children's Centre, 7  
years experience with this program

**OEYC: Brant**

October 16, 2007.  
6:00 pm to 8:00 pm  
or

December 04, 2007.  
6:00 pm to 8:00 pm  
*Registration starts August 10.*

This multi-sensory printing program can easily be incorporated into the classroom and home to teach children letter and number formation. The K program emphasizes capitals and number formation. Lowercase letters are also taught using pencil and paper, as well as daily games and activities. The Grade 1 program emphasizes printing and using lowercase letters correctly in words and sentences. The program uses strategies to decrease reversals, teach in developmental order and make printing fun and automatic.

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**WORKSHOPS AND COURSES FOR EXPECTANT PARENTS**

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**Prenatal Education  
Classes: Series 1 or  
Community Prenatal****Brant County Health Unit**

**6:30 pm to 8:30 pm**  
Brant County Health Unit  
194 Terrace Hill Street, Brantford  
  
Offered at various locations in  
Brantford  
519-753-4937, Ext. 463

Meeting the needs of the pregnant woman and her coach. Call early in your pregnancy to register for classes. Series 1 is taken before the 4th month of pregnancy. A breastfeeding and car seat information session is booked at time of registration. Program is 5 weeks in length, free of charge. Light snacks provided.

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**Growing Healthy Together  
in Brant - A Canada  
Prenatal Nutrition Program****Brant County Health Unit**

every Tuesday  
**4:30 pm to 6:30 pm**  
Brant County Health Unit  
194 Terrace Hill Street  
Brantford  
*For more information or to register,  
please call 519-753-4937, Ext. 463*

A Teen Prenatal/Postnatal Program designed to meet the needs of the pregnant adolescent. Content includes healthy lifestyles, nutrition, safety, labour and delivery, parenting. Grocery/travel vouchers and healthy snacks provided.

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**Prenatal Health Fair  
Brant County Health Unit**

October 16, 2007  
**6:00 pm to 8:30 pm**  
Woodman Community Centre  
491 Grey Street  
Brantford  
  
*Check [www.bchu.org](http://www.bchu.org) for additional  
information.*

Healthy Mother - Healthy Baby: An Information Fair for Healthy Pregnancies. Join us if you are planning a pregnancy or are already expecting. A marketplace, packed full of resources, displays and information will be available. Information on many agencies; programs and services!

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**WORKSHOPS AND COURSES FOR PARENTS OF 0-3 YEARS OLD**

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**Postpartum Depression  
Group****Brant County Health Unit**

every Wednesday  
**1:30 pm to 3:00 pm**  
Ontario Early Years Centre  
330 West Street  
Brantford  
  
*For more information please call  
the Health Information Line at the  
Brant County Health Unit at 519-  
753-4937, ext. 259.*

A weekly support group for women coping with postpartum depression. Share experiences, learn about postpartum depression, explore strategies to help yourself and your family. Babies 0-12 months are welcome, children 12 months - 6 years can attend another drop-in program on location, with a relative or friend.

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## WORKSHOPS AND COURSES FOR PARENTS OF 3-6 YEARS OLD

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<b>Parenting the Early Years Child</b> <b>Woodview Children's Centre</b> <i>Childcare available if necessary</i>	September 20, 2007 <b>1:00 pm to 2:30 pm</b> Ryerson Heights School, Best-Start Room 33 Dowden Avenue Brantford  <i>For more information &amp; registration, call Contact Brant at 519-758-8228.</i>	This 8-week workshop provides practical approaches and strategies for raising children 2-6 years of age. Topics include play, praise, rewards, setting limits, ignoring and the use of consequences. Sessions will provide opportunities for parents to share concerns, ideas and to network.
<b>Beyond the Basics</b> <b>Woodview Children's Centre</b> <i>Childcare available if necessary</i>	November 7, 2007 <b>1:00 pm to 2:30 pm</b> Ryerson Heights School, Best-Start Room 33 Dowden Avenue Brantford  <i>For more information &amp; registration, call Contact Brant at 519-758-8228.</i>	This 6-week program focuses on basic fundamentals of parenting your younger child including play, discipline, nutrition, setting routines and limits, and understanding childhood development.
<b>Room to Grow</b> <b>Brant County Health Unit</b>	<i>For date, time and locations, please call Brant County Health Unit Health Information Line (519) 753-4937, Ext. 259</i>	A Public Health Nurse is available to provide information and support on Child Health 0-6 years old: Growth and Development, Immunization, Dental, Parenting, Parental Adjustment, Nutrition, Breastfeeding, Family Planning, Injury Prevention and Introduction to Community Services. Grocery certificates and bus tickets are available.

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## WORKSHOPS AND COURSES FOR PARENTS OF 6-12 YEARS OLD

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<b>Mini COPE</b> <b>Woodview Children's Centre</b>	September 8, 2007 <b>9:30 am to 11:30 am</b> Woodview Children's Centre 233 Colborne St., Suite 200 Brantford  <i>For more information &amp; registration, call Contact Brant at 519-758-8228.</i>	This 4-week, Saturday morning parenting program provides opportunities for parents of children 6-12 yrs to learn parenting approaches using videotapes, homework projects and problem-solving discussions with facilitators and other parents.
<b>Living with Your Anxious Child</b> <b>Woodview Children's Centre</b>	September 17, 2007 <b>6:00 pm to 8:00 pm</b> Woodview Children's Centre 233 Colborne St., Suite 200 Brantford  <i>For more information &amp; registration, call Contact Brant at 519-758-8228.</i>	This 2-evening session will provide parents with an understanding of their anxious or worried child and offer ways to support them in various environments. Sessions will include psycho-educational material and treatment strategies.
<b>Temper Tamers</b> <b>Woodview Children's Centre</b>	October 4, 2007 <b>6:00 pm to 8:00 pm</b> Woodview Children's Centre 233 Colborne St., Suite 200 Brantford  <i>For more information &amp; registration, call Contact Brant at 519-758-8228.</i>	Is your child (7-12 years old) struggling with anger? This 8-week program includes parent information, children's group sessions and parent-child sessions to help with child anger management. <i>Enrollment is limited.</i>

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## WORKSHOPS AND COURSES FOR PARENTS OF 6 12 YEARS OLD

<p><b>Parenting Children with ADD/ADHD</b> <b>Woodview Children's Centre</b></p>	<p>October 15, 2007 <b>6:00 pm to 8:00 pm</b> Woodview Children's Centre 233 Colborne St., Suite 200 Brantford  <i>For more information &amp; registration, call Contact Brant at 519-758-8228.</i></p>	<p>This 2-session, 2-hour workshop will assist parents and caregivers to understand attention difficulties, impulsivity and hyperactivity. Various treatments strategies and interventions for children will be reviewed and discussed.</p>
<p><b>COPE</b> <b>Woodview Children's Centre</b></p>	<p>October 15, 2007 <b>6:00 pm to 8:00 pm</b> Boys and Girls Club 2 Edge Street Brantford  <i>For more information &amp; registration, call Contact Brant at 519-758-8228.</i></p>	<p>This 8 week program uses video tapes, homework projects and problem-solving discussions to assist parents of children 6-12 yrs in learning parenting approaches. Children 6-12 may participate in a social skills program supervised by Woodview and Boys' &amp; Girls' Club staff.</p>
<p><b>Understanding Childhood Depression</b> <b>Woodview Children's Centre</b></p>	<p>November 14, 2007 <b>6:00 pm to 8:00 pm</b> Woodview Children's Centre 233 Colborne St., Suite 200 Brantford  <i>For more information &amp; registration, call Contact Brant at 519-758-8228.</i></p>	<p>This 2-session, 2-hour workshop will provide parents and caregivers with psycho-educational material as well as discussion and networking opportunities to assist them in dealing with depression and its impact on the family.</p>
<p><b>SNAP (TM)</b> <b>St. Leonard's Community Services</b></p> <p><i>For parents and children aged 9 to 12</i></p> <p><i>Four sessions are offered. Each session is 8 weeks long</i></p>	<p>Location: Addiction and Mental Health Centre <b>133 Elgin Street, Brantford</b></p> <p>September 10, 2007 <b>4:30 pm to 6:00 pm <u>or</u></b></p> <p>Sep 26, 2007. <b>4:30 pm to 6:00 pm <u>or</u></b></p> <p>Nov 19, 2007. <b>4:30 pm to 6:00 pm <u>or</u></b></p> <p>Dec 06, 2007. <b>4:30 pm to 6:00 pm</b></p>	<p>SNAP(TM) stands for Stop Now and Plan. This is an 8-week program that meets once weekly to help children aged 9 to 12 control impulsivity, think about the consequences of their behaviour and develop a socially appropriate plan. Parents attend to learn effective parenting techniques and share their concerns with other parents.</p> <p><i>To register call Tammy at 519-754-0253, extension 304.</i></p>
<p><b>Preventive Dental Services</b> <b>Brant County Health Unit</b></p>	<p>Brant County Health Unit, Dental Services, Ground Floor 194 Terrace Hill Street, Brantford  <i>For more information or to book an appointment please call 519-753-4937, Ext. 450</i></p>	<p>Available to families with children under 14 years of age whose parents do not have dental insurance and who cannot afford the cost of dental care. Services include: cleanings, fluoride, plastic coatings (sealants), and tooth brushing lessons.</p>
<p><b>Dental Screening</b> <b>Brant County Health Unit</b></p>	<p>every Tuesday <b>1:30 pm to 3:30 pm</b> Brant County Health Unit, Dental Services, Ground Floor 194 Terrace Hill Street Brantford  <i>For more information or to book an appointment call 519-753-4937, Ext. 450</i></p>	<p>Available to families with children under 14 years of age with serious dental problems whose parents do not have dental insurance and who cannot afford dental care. The CINOT program covers xrays, fillings, extractions but does not cover braces or cleanings.</p>

## WORKSHOPS AND COURSES FOR PARENTS OF 12-18 YEARS OLD

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<b>Parent Adolescent Support Program</b> <b>St. Leonard's Community Services</b>  The group runs one evening each week for 10 weeks.	September 12, 2007 <b>7:00 pm to 9:00 pm</b> Addiction and Mental Health Centre 133 Elgin Street Brantford  <i>To register call Tammy at 519-754-0253, ext. 304.</i>	The Parent Adolescent Support Program provides education, self-awareness and support to parents and youth aged 13 to 18 who are experiencing difficulties in their relationship. Parents and youth learn new skills to improve communication, problem-solve and resolve conflicts.
<b>Journey Into Adult Services</b> <b>Lansdowne Children's Centre</b>	October 17, 2007 <b>6:00 pm to 8:30 pm</b> Lions Park Auditorium 20 Edge St. Brantford  <i>To register call Lynda Field-Newhouse, 519-753-3154 ext 271</i>	This information evening will assist young adults with physical and/or developmental disabilities and their families plan for transition to adult service providers. Open forum to visit community partners as well as presentations by local agencies available throughout the evening.

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## WORKSHOPS AND COURSES FOR PARENTS OF CHILDREN OF ALL AGES

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<b>Car Seat Safety Sessions</b> <b>Brant County Health Unit</b>	Brant County Health Unit 194 Terrace Hill Street, Brantford  <i>For more information on car seat safety please call 519 753-4937, Ext 259</i>	Learn how to install your child's car or booster seat correctly. Attend a free educational session offered by the Brant County Health Unit.
<b>NAMI Family-to-Family Education Program</b> <b>CMHA, Brant County Branch</b>	September 17, 2007 <b>7:00 pm to 9:00 pm</b> Sydenham United Church 120 Sydenham Street, Brantford <i>Registration deadline is July 31, 2007</i>	Family Support and Education Program for family members of persons with a serious mental illness.  <i>For more information, or to register, contact Lill Petrella at 519-752-2998, ext. 112.</i>
<b>Building Assets in Youth</b> <b>Contact Brant Annual General Meeting</b>	September 25, 2007 <b>7:00 pm to 8:30 pm</b> Best Western Brant Park Inn 19 Holiday Drive, Brantford  <i>Please call Bonnie (519) 758-8227, ext 228 to guarantee a seat</i>	Don Buchanan will present this research in a format that will be easy to understand and to use at The 8th Annual General Meeting of Contact Brant for Children's and Developmental Services
<b>Intergenerational Trauma Treatment Program (I.T.T.M)</b> <b>Family Counselling Centre of Brant</b>	October 2, 2007 <b>5:30 pm to 7:30 pm</b> 2nd floor 54 Brant Ave, Brantford	A structured therapeutic counselling program, for children ages 3-18 yrs. of age, who have experienced trauma.  <i>For more information, call 519-753-4173</i>
<b>The Magic of Reading</b> <b>Mem Fox-</b> <b>Family Literacy Committee of Brant</b>	October 22, 2007 <b>7:00 pm to 8:30 pm</b> Sanderson Centre 88 Dalhousie St Brantford	Author and International advocate for the importance of reading to young children, Mem Fox will present at the Sanderson Centre Mon Oct 22 at 7:00 p.m. <i>Tickets are \$8 and available at the Sanderson Centre Box Office.</i>

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## WORKSHOPS AND COURSES FOR CHILDREN 6- 12 YEARS OLD

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<b>Children Exposed to Domestic Violence</b> <b>Nova Vita Domestic Violence Prevention Services</b>	59 North Park Street, Brantford September 10, 2007 <b>1:00 am to 1:00 am</b> <i>For intake, please contact 519-752-1005 ext. 237.</i>	This program is directed at children aged 4-16 who have witnessed women abuse in their homes. Children, and their mothers, are provided with a safe place to discuss the violence they have experienced in a group atmosphere and will be supported as they begin to heal from the effects of abuse.
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## WORKSHOPS AND COURSES FOR TEENS (12-18)

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<b>Steps to Change</b> <b>St. Leonard's Community Services</b> <i>Two sessions will be offered. Each session is 7 weeks in length</i>	Youth Action Centre 466 Colborne Street, Brantford September 12, 2007 <b>4:30 pm to 6:00 pm <u>or</u></b> Nov 07, 2007. <b>4:30 pm to 6:00 pm</b>	This is a co-ed substance abuse treatment group for youth under the age of 18.  <i>To register call Julie at 519- 754-0253, ext. 312</i>
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<b>Eyes Wide Open - Seeing How Violence Effects Us All</b> <b>St. Leonard's Community Services</b>	Youth Action Centre 466 Colborne Street, Brantford September 14, 2007 <b>4:30 pm to 6:00 pm</b> <i>To register for course call Lorna at 519-756-7665, ext. 320.</i>	This 12 session program invites and encourages young people (aged 12 to 15 and 16 to 17) to be aware of the different forms and levels of violence in society. They will be encouraged to consider how violence effects us all and our capacity to influence the settings in which we live, learn, work and play.
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<b>Problem-Solving Program</b> <b>St. Leonard's Community Services</b> <i>2 sessions per week for 6 weeks</i>	Youth Action Centre 466 Colborne Street, Brantford October 2, 2007 <b>4:30 pm to 6:00 pm</b> <i>To register call Lorna at 519-756-7665, ext. 320.</i>	A 12 session program for youth aged 13 to 15 and 16 to 18. Using discussion, homework projects and role-playing, youth learn to be less impulsive, how to stop and think, identify alternatives, reduce stress and cope with peer pressure.
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<b>Youth Anger Control</b> <b>St. Leonard's Community Services</b> <i>2 sessions per week for 4 weeks</i>	Youth Action Centre 466 Colborne Street, Brantford October 15, 2007 <b>4:30 pm to 6:00 pm</b> <i>(for youth aged 13 – 15 years) <u>or</u></i> Nov 08, 2007. <b>4:30 pm to 6:00 pm</b> <i>(for youth aged 16 to 18 years)</i>	An 8 session program. Through discussions, homework projects and role-playing participants learn to recognize and reduce anger, conflict resolution and assertive communication skills.  <i>To register: Call Lorna at 519- 756-7665, ext. 320.</i>
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## WORKSHOPS AND COURSES ABOUT MARRIAGE OR RELATIONSHIPS

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<b>Challenge to Change - Men's Program</b> <b>Nova Vita Domestic Violence Prevention Services</b>	Nova Vita Domestic Violence Prevention Services 59 North Park Street, Brantford  <i>To arrange for an intake appointment, call 519- 752-1005 ext 242.</i>	Nova Vita's Men's Program is directed at men who are – or who are at risk of becoming – abusive toward their partners. The goal of the men's program is to stop violence in intimate relationships.
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## **WORKSHOPS AND COURSES ABOUT MARRIAGE OR RELATIONSHIPS**

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### **Violence Prevention & Violence Education Outreach Programs**

**Nova Vita Domestic Violence Prevention Services**

Nova Vita Domestic Violence Prevention Services  
59 North Park Street , Brantford

*For more information or to book a presentation call 519- 752-1005, ext 212 or 232.*

Nova Vita offers a wide range of presentations and workshops aimed at increasing awareness of domestic violence and educating the public – particularly young people who are just embarking on dating relationships – about the warning signs of abuse and what to do to help themselves or someone else. Presentations are free of charge.

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### **Community Counselling**

**Nova Vita Domestic Violence Prevention Services**

Nova Vita Domestic Violence Prevention Services  
59 North Park Street, Brantford

*To arrange for an intake appointment, call 519- 752-1005, ext 221*

Individual and group counselling is available to women (age 16 and over) who are, or who have been in an abusive relationship. Individual and group counselling is also available to children who have witnessed domestic violence, and teen counselling is provided in schools.

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### **Transitional Support Program**

**Nova Vita Domestic Violence Prevention Services**

Nova Vita Domestic Violence Prevention Services  
59 North Park Street, Brantford

*To arrange for an intake appointment, call 519-752-1005, ext 248.*

This program is designed to assist women who have experienced violence and who are trying to establish independent lives in the community apart from their abuser. A transitional support worker will help women identify and access the resources and services they need in the community.

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## **SIX NATIONS OF THE GRAND RIVER**

### **WORKSHOPS AND COURSES FOR CHILDREN AND YOUTH OF ALL AGES**

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#### **Afterschool Programs**

**Six Nations of the Grand River Child & Family Services**

**October – December 2007**

Six Nations Child & Family Services  
15 Sunrise Court, Ohsweken  
*Call the Community Support /Resource Development Unit at 519-445-2950 to register.*

The after school programs are designed to have the children experience activities such as art, music, songs, games, sports, storytelling, dancing and will have experience some outings.

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#### **Summer Day Camp**

**Six Nations of the Grand River Child & Family Services**

**July – August 2007**

Six Nations Child & Family Services  
15 Sunrise Court, Ohsweken  
*Call the Community Support /Resource Development Unit at 519-445-2950 to register.*

This 8 week program provides children an opportunity to enhance self-esteem, inner strength and empathy. The program promotes physical activity in a safe and fun environment.

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#### **Anger Management**

**Six Nations of the Grand River Child & Family Services**

Six Nations Child & Family Services  
15 Sunrise Court, Ohsweken

Client Specific: To provide alternative ways of dealing with anger and being able to recognize alternative measures.  
*Call the Family Support Unit - 519-445-4050 to register.*

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## WORKSHOPS AND COURSES OFFERED AT SIX NATIONS OF THE GRAND RIVER

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### Parenting Teenagers

Six Nations of the Grand River  
Child & Family Services

### Monthly programs

Six Nations Child & Family  
Services  
15 Sunrise Court, Ohsweken

*Call the Family Support Unit - 519-445-4050 to register.*

The Systematic Training for Effective Parenting programs covers the topics of; Understanding yourself and your teenager, changing your response to your teen, communicating respect and encouragement, encouraging and cooperation, solving problems, using consequences to build responsibilities, deciding what to do (two sessions)-schoolwork, everyday, lying, stealing, sexual behaviour, drugs and alcohol.

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### Babysitting Program

Six Nations of the Grand River  
Child & Family Services

### October – December 2007

Six Nations Child & Family  
Services  
15 Sunrise Court, Ohsweken

The babysitting program enables youth to enhance their babysitting skills. The individuals learn techniques of safety, nutrition and play activities.

*Call the Community Support /Resource Development Unit at 519-445-2950 for registration*

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### Time Out for Moms and Dads

Six Nations of the Grand River  
Child & Family Services

### October – December 2007

Six Nations Child & Family  
Services  
15 Sunrise Court, Ohsweken

*Call the Community Support /Resource Development Unit at 519-445-2950 for registration.*

The program is designed to have traditional teachings, parenting skills, child development, health, and self-care. The Men's Singing Group learns how to play water drum, traditional songs and dances.

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Lansdowne Children's Centre  
*-serving children and their families*

**Lansdowne Children's Centre** offers the "Child Development Program," a home-based intervention program that serves children from birth to five years. Developmental Consultants work with the child and family to maximize the child's development, enhance positive interactions and provide parent support.

For more information or to schedule an intake appointment, call Contact Brant for Children's and Developmental Services (519) 758-8228

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**Courses in this flyer are offered by a variety of agencies and services across our community. If you have a question about one of these courses, please call the number listed in the courses offering. Inclusion of a group or program in this flyer does not imply endorsement by Contact Brant or the Ontario Early Years Centre – Brant. Every effort is made to ensure the accuracy of information in this flyer; however we cannot be responsible for errors or omissions.**