

# COPEing with Toddler Behaviour

## Facilitator Training Workshops for Professionals

April 19 & 20, 2007

OR

October 11 & 12, 2007

All dates 9:00 am to 4:30 pm

University of Toronto, 89 Chestnut Avenue  
Toronto, ON

### What is COPEing with Toddler Behaviour?

COPEing with Toddler Behaviour is an 8-session course for parents of 12- to 36-month olds that was designed to train groups of parents in effective parenting strategies for toddlers using an active learning model (i.e., COPE "Community Parent Education"), to prevent disruptive behaviour disorders. High and low risk parents learn how to foster a positive parent-child relationship, use an authoritative "backbone" parenting style, have appropriate developmental expectations, tailor their parenting to their child's temperament, and use strategies to prevent and respond to challenging behaviours.

### Who should attend?

Interested professionals with at least a college degree in a relevant field and experience with families of young children, including: Infant Development Consultants, Infant Mental Health Consultants, Early Childhood Educators, Public Health Nurses, Social Workers, Psychologists, Ontario Early Years Centre Staff

**The session, materials (video and manual), lunch and refreshments are FREE to participants, funded by the Canadian Psychiatric Research Foundation\***

Registration is limited to 50 participants per session.  
Register by completing this form and return by fax or email.

Name: _____
Agency: _____
Address: _____
Work phone: _____ Home phone: _____
email: _____
Highest level of education completed: _____
Session attending (choose one): <input type="checkbox"/> April 2007 (register by April 13, 2007) OR <input type="checkbox"/> October 2007 (register by October 5, 2007)



Return to Michelle Mitchell, phone: 905-521-2100, ext. 77418, fax: 905-521-7926, email: mitchelm@hhsc.ca

*\*note that parking costs are not included: \$9.50 per day if you enter before 9am, \$18.00 if you enter after 9am*